

# Farm to School


## Featuring Local Produce and Fruit



# Roderick School

## September 2017

### Gluten Free

<p><b>Lunch Prices</b> Lunch Price including milk \$2.50 Milk \$.50 Low Fat White, Low Fat Chocolate</p>	<p><b>Lunch Price</b> <b>\$2.50</b></p> 	<p><b>GF Chicken</b> <span style="float: right;">30</span> Steamed Sweet Corn Sweet Potato Grapes/Milk</p> 	<p><b>GF Pizza</b> <span style="float: right;">31</span> Garden Salad Fruit/Milk</p>	<p><b>No School</b> <span style="float: right;">1</span>  <b>Today</b></p>
<p><b>No School Today</b> <span style="float: right;">4</span></p> 	<p><b>GF Kayem Lite Hotdog</b> <span style="float: right;">5</span> Sweet Potato Fries Orange Smiles/Chocolate Pudding Baked Beans/Milk</p>	<p><b>GF Breakfast Buffet</b> <span style="float: right;">6</span> GF Cinnamon Chex Cereal Sausage/Orange Smiles Sweet Potato Milk</p>	<p><b>GF Grilled Cheese</b> <span style="float: right;">7</span> Steamed Vegetables Chilled Fruit/Milk</p>	<p><b>GF Pizza</b> <span style="float: right;">8</span> Cheese or Pepperoni Green Salad Chilled Fruit/Milk</p>
<p><b>GF Chicken</b> <span style="float: right;">11</span> Steamed Vegetables Chilled Fruit/Milk</p>	<p><b>GF Sandwich</b> <span style="float: right;">12</span> <b>Grilled Cheese on GF Bread</b> Orange Smiles/Carrot Sticks/Milk</p>	<p><b>GF Tacos</b> <span style="float: right;">13</span> Seasoned Hamburg Hard Taco Shells or Lettuce Wraps Cheese/Fruit/Bean Salad Lettuce, Tomato, Salsa, Milk</p>	<p><b>GF Hotdog</b> <span style="float: right;">14</span> Steamed Veggies/Fruit/Milk</p>	<p><b>GF Pizza</b> <span style="float: right;">15</span> Green Salad Chilled Fruits/Milk</p>
<p><b>GF Hamburger or Cheeseburger</b> <span style="float: right;">18</span> Oven Fries/Steamed Vegetables Fruit/Milk</p>	<p><b>GF Grilled Cheese</b> <span style="float: right;">19</span> Steamed Veggies Chilled Fruit/Bean Salad Milk</p>	<p><b>GF Chicken</b> <span style="float: right;">20</span> Roasted Broccoli Chilled Fruit/Milk</p> <p><b>Lucky Plate Day</b></p>	<p><b>GF Hotdog</b> <span style="float: right;">21</span> Steamed Vegetables Chilled Fruit/Milk</p>	<p><b>GF Pizza</b> <span style="float: right;">22</span> Garden Salad Farm Fresh Red Apples/Milk</p>
<p><b>GF Hamburger or Cheeseburger</b> <span style="float: right;">25</span> Sweet Potato Fries Sliced Tomato/Lettuce Low fat Chips Farm Apples/Milk</p>	<p><b>GF Breakfast Buffet</b> <span style="float: right;">26</span> GF Cinnamon Chex Cereal Warm Ham Slices Chilled Peaches/Farm Apples Sweet Potato Milk</p>	<p><b>GF Nacho Plate</b> <span style="float: right;">27</span> Seasoned Hamburg/Baked Chips Lettuce, Tomato, Salsa Chilled Fruit Milk</p>	<p><b>GF Roasted Turkey</b> <span style="float: right;">28</span> Mashed Potato Steamed Vegetable Chilled Fruit/Milk</p>	<p><b>GF Pizza</b> <span style="float: right;">29</span> Garden Salad with Farm Tomatoes Fruit/Milk</p>

**Streamline your lunch payments. Go to Myschoolbucks.com and prepay for your child's lunch. All money stays with your child through 6<sup>th</sup> grade.**  
**Work while your children are in school. The food service has substitute positions available.**  
**Please contact Judy White at [whitej@wrenthamschools.org](mailto:whitej@wrenthamschools.org) or 508/384-5430.**