




*Gluten Free Menus
Medical Permission
Required*



*Roderick School
October 2016*

<p>Lunch Prices Lunch Price including milk \$2.50 Milk \$.50 Low Fat White, Low Fat Chocolate Milk available Contact Judy White at whitej@wrenthamschools.org or 508/384-5430</p>	<p>A Bounty of Farm Fresh Veggies and Fruits Coming in Daily!</p> 	 <p>Macintosh Apples Offered Daily</p>	 <p>Delicious Pears</p>	<p>Celebrating National School Lunch Week Oct 10-14</p>
<p>GF Chicken Barbeque Dipping Sauce Baked Beans Veggie Sticks Chilled Fruit/Milk</p>	<p>GF Cereal Roasted Sweet Potato Fruit/Milk</p>	<p>GF Hotdog Steamed Vegetables Chilled Fruit Cucumber Wheels/Milk Lucky Plate Day</p>	<p>GF Nacho Plate Seasoned Hamburg/Baked Chips Cheese Sauce/Bean Salad/Salsa Lettuce and Tomato Chilled Fruit/Milk</p>	<p>GF Pizza Green Salad Jello/Chilled Fruit/Milk</p>
<p>No School Columbus Day</p> 	<p>No School/Staff In-service</p> 	<p>GF Hotdog Steamed Vegetables Chilled Fruit/Milk Fresh Oranges</p> <p>National</p> 	<p>GF Grilled Cheese Yummy Cole Slaw Bag of Chips/Fresh Banana/Milk</p> <p>School Lunch</p> 	<p>GF Pizza Tomato and Mozzarella Salad/Milk Week</p> 
<p>GF Hamburger or Cheeseburger Veggie Sticks Baked Beans/ Fruit/Milk</p>	<p>GF Chicken Mashed Potato Corn Fruit/Milk</p>	<p>GF Twin Tacos Hard Shelled Tacos/Shredded Cheese Salsa/Sour Cream/Lettuce and Tomato/Chilled Fruit/Milk</p>	<p>GF Turkey Dinner Mashed Potato Steamed Veggies Chilled Fruit/Milk</p>	<p>GF Pizza Jello/Green Salad Fruit/Milk</p>
<p>GF Chicken Tenders Barbeque Dipping Sauce Steamed Vegetables Chilled Fruit/Milk</p>	<p>GF Cereal Roasted Sweet Potato Warm Ham Fruit/Milk</p>	<p>GF Kayem Lite Hotdog Baked Beans Bag of Chips/Chilled Fruit Milk Lucky Plate Day</p>	<p>GF Chicken Steamed Green Beans Warm Bread/Fruit/Milk</p>	<p>GF Pizza Garden Salad / Fruit/Milk</p>

Work while your children are in school. Contact Judy White at whitej@wrenthamschools.org or 508/384-5430