

# Farm to School

## Featuring Local Produce and Fruit



# Delaney School

## October 2017

|  |   |  |  |  |
|--|---|--|--|--|
| <p>2</p> <p><b>Chicken Tenders</b><br/>Steamed Sweet Corn<br/>Sweet Potato/Whole Wheat Roll<br/>Fruit/Milk</p>       | <p>3</p> <p><b>Hamburger or Cheeseburger</b><br/>Sweet Potato Fries<br/>Cucumber Wheels<br/>Farm /Milk</p>  | <p>4</p> <p><b>Macaroni and Cheese</b><br/>Steamed Veggies<br/>Chilled Fruit/Bean Salad<br/>Milk</p>   | <p>5</p> <p><b>School Made Pizza</b><br/>Cheese Pizza<br/>Garden Salad<br/>Apple/Milk<br/>Free Lunch for all Kindergarten!</p> | <p>6</p> <p><b>Fun Bag Lunch</b><br/>Hotdog or Bagel<br/>Yogurt Cup<br/>Craisins<br/>Veggie Juice/Milk<br/>2 choices today!</p>                      |
| <p>9</p> <p><b>No School Today</b></p> <p><b>Columbus Day!</b></p>   | <p>10</p> <p><b>No School Today</b></p> <p><b>Teacher Training</b></p>  | <p>11</p> <p><b>Kayem Lite Hotdog</b><br/>Baked Beans<br/>Steamed Corn<br/>Fruit/Milk</p> <p><b>National</b></p>                                 | <p>12</p> <p><b>School Made Pizza</b><br/>Cheese Pizza or Pepperoni<br/>Garden Salad<br/>Fruit/Milk</p> <p><b>School</b></p>   | <p>13</p> <p><b>Breakfast Buffet</b><br/>French Toast<br/>Sausage/Orange Smiles/Veggie Juice<br/>Pancake Syrup/Milk<br/><b>Lunch Week!</b></p>       |
| <p>16</p> <p><b>Chicken Tenders</b><br/>Steamed Vegetables/Wheat Roll<br/>Chilled Fruit/Milk</p>                     | <p>17</p> <p><b>Soup and Sandwich</b><br/><b>Grilled Cheese on Whole Wheat and Chicken Noodle Soup</b><br/>Apple Sauce/Carrot Sticks/Milk</p>   | <p>18</p> <p><b>Tacos</b><br/>Seasoned Hamburg<br/>Hard Taco Shells<br/>Cheese/Fruit/Bean Salad<br/>Lettuce, Tomato, Salsa, Milk</p>             | <p>19</p> <p><b>School Made Pizza</b><br/>Cheese Pizza or Pepperoni<br/>Garden Salad<br/>Blueberries with topping/Milk</p>     | <p>20</p> <p><b>Pizza Power Pack</b><br/>Pizza Bread<br/>Mozzarella Cheese and Pepperoni<br/>Pizza Sauce and Grapes<br/>Milk</p>                     |
| <p>23</p> <p><b>Kayem Lite Hotdog</b><br/>Steamed Corn<br/>Veggie Juice<br/>Fruit/Milk</p>                           | <p>24</p> <p><b>Macaroni and Cheese</b><br/>Steamed Veggies<br/>Chilled Fruit/Bean Salad<br/>Milk</p>   | <p>25</p> <p><b>Pasta and Meatsauce Or Plain Pasta</b><br/>Steamed Carrots/Veggie Sticks<br/>Fruit/Apple Crisp/Milk</p>                          | <p>26</p> <p><b>School Made Pizza</b><br/>Cheese Pizza or Pepperoni<br/>Garden Salad<br/>Strawberries with topping/Milk</p>    | <p>27</p> <p><b>Breakfast Buffet</b><br/>French Toast<br/>Sausage/Apple Sauce/Veggie Juice/Pancake Syrup/Milk</p>                                    |
| <p>30</p> <p><b>Hamburger or Cheeseburger</b><br/>Steamed Corn<br/>Veggie Juice<br/>Low fat Chips<br/>Fruit/Milk</p> | <p>31</p> <p><b>Soup and Sandwich</b><br/><b>Grilled Cheese on Whole Wheat and Chicken Noodle Soup</b><br/>Orange Smiles/Carrot Sticks/<br/>Halloween Cookie/Milk</p>  | <p>1</p> <p><b>Nacho Plate</b><br/>Seasoned Hamburg/Baked Chips<br/>Cheese Sauce-low fat<br/>Chilled Fruit/Veggie Sticks<br/>Corn Bread/Milk</p> | <p>2</p> <p><b>School Made Pizza</b><br/>Cheese Pizza or Pepperoni<br/>Garden Salad<br/>Fruit/Milk</p>                         | <p>3</p> <p><b>Yogurt Power Pack</b><br/>Vanilla Low-fat Yogurt<br/>With sprinkles<br/>Animal Crackers<br/>Strawberries/Cucumber Wheels<br/>Milk</p> |

**Streamline your lunch payments. Go to Myschoolbucks.com and prepay for your child's lunch. All money stays with your child through 6<sup>th</sup> grade.**

**Work while your children are in school. The food service has substitute positions available.**

**Please contact Judy White at [whitej@wrenthamschools.org](mailto:whitej@wrenthamschools.org) or 508/384-5430.**

**Lunch is \$2.50 which includes milk.**

**Daily choices are Chicken Patty, Bagel and Yogurt or Chef Salad!**